

# 2012/13 Tobacco-Use Prevention Education (T.U.P.E.) Competitive Grant Annual Report

## 1. Contact Information

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LEA Name: Folsom Cordova Unified

Cohort: F                      Year: 2012/13

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## 2. Which of the research-validated or evidence-based programs listed below were implemented?

|   |     |
|---|-----|
| Botvin's Life Skills Training             | Yes |
| Keepin' It Real                           | No  |
| Minnesota Smoking Prevention Program      | No  |
| Project Alert                             | No  |
| Project Northland                         | No  |
| Project SUCCESS                           | No  |
| Project TND (Towards No Drug Abuse)       | Yes |
| Project TNT (Towards No Tobacco Use)      | No  |
| SPORT                                     | No  |
| State-Wide Indian Drug Prevention Program | No  |

## 3. Comments pertaining to question 2 are located in the appendix. (Optional)

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4. How many students per grade participated in the program/s identified in question 2?

| Grade           | Number of<br>Projected<br>Students | Number of<br>Participating<br>Students |
|-----------------|------------------------------------|--|
| Grade 6         | 1,143                              | 1,208                                  |
| Grade 7         | 1,359                              | 925                                    |
| Grade 8         | 1,383                              | 813                                    |
| Grade 9         | 0                                  | 0                                      |
| Grade 10        | 1,330                              | 1,010                                  |
| Grade 11        | 0                                  | 0                                      |
| Grade 12        | 0                                  | 0                                      |
| Non Traditional | 0                                  | 0                                      |
| Grade Total     | 5,215                              | 3,956                                  |

5. Comments pertaining to question 4 are located in the appendix. (Optional)

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6. Which of the non-research-validated curriculum-based programs (e.g., LEA adopted health curricula, lessons addressing specific populations, etc.) listed below were offered to students in the general population?

| Program/Strategy Name                                  | Number of Participating Students |
|--|----------------------------------|
| Anti-Tobacco Media Blitz                               | 0                                |
| Blowing Away Big Tobacco's Big Lies                    | 0                                |
| Classroom Animation Studio Kit                         | 0                                |
| Decisions for Health Series                            | 0                                |
| Effective Youth and Adult Partnerships                 | 0                                |
| Enough Snuff   | 0                                |
| Guiding Good Choices – Families That Care              | 0                                |
| Hands Off Tobacco! Series                              | 0                                |
| Health and Wellness Series                             | 0                                |
| Personal/Social Lessons: The Missing Link              | 0                                |
| Project ABCD (Analyze, Beware, Create, Disseminate)    | 0                                |
| Project ALIVE! (Arts Leading Into Vital Education)     | 0                                |
| Project SCAT (Schools and Communities Against Tobacco) | 0                                |
| Something Stinks in Hollywood                          | 0                                |
| Stay On Track Series                                   | 0                                |
| Teen Health Course Series                              | 0                                |
| Teens Tackle Tobacco                                   | 0                                |

7. If a non researched-validated curriculum-based program not listed in the table above was offered, please specify the name of the program/strategy along with the number of projected and participating students in the boxes below.

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none

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8. Comments pertaining to question 6 are located in the appendix. (Optional)

9. Which of the non-curricula activities (e.g., Teens Kick Butts, Teens Kick Ash, poster contests etc.) listed below were offered to students in the general population?

| Program/Strategy Name           | Number of Projected Students | Number of Participating Students |
|---------------------------------|------------------------------|----------------------------------|
| Great American Smoke Out        | 0                            | 0                                |
| Red Ribbon Week (Tobacco focus) | 0                            | 1,485                            |
| Teens Kick Butts / Ash          | 0                            | 0                                |
| Schoolwide contests             | 0                            | 420                              |
| Tobacco & Hollywood Campaign    | 0                            | 0                                |
| Mission Possible                | 0                            | 0                                |
| Youth Quest                     | 0                            | 0                                |
| Assembly Speaker                | 0                            | 1,584                            |

10. If a non-curricula activity not listed in the table above was offered, please specify the name of the activity along with the number of projected and participating students.

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Tobacco Trivia Awareness – youth leaders from Club Live/Friday Night Live planned Trivia game to educate peers on health, social, and environmental consequences of tobacco. Participants = 1500

11. If you selected *School-wide contest* as a non-curricular activity, indicate the name of the contest:

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Kaiser Permanente's Don't Buy The Lie Billboard Contest

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12. If you selected *Assembly Speaker* as a non-curricula activity, indicate the name of the speaker:

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Dr. Victor DeNoble – Inside the Darkside presentations

13. Comments pertaining to question 9 are located in the appendix. (Optional)

14. Which TUPE Specific Youth Development Activities (e.g., STAKE Act “stings”, local community tobacco control ordinance development/enforcement, media literacy, media production to counter tobacco industry influence) were offered to students in the general population?

| Program/Strategy Name  | Number of<br>Projected<br>Students | Number of<br>Actual<br>Students |
|--|------------------------------------|---------------------------------|
| Youth Involvement in Stop Tobacco Access to Kids Enforcement (STAKE) Act                   | 0                                  | 0                               |
| Other law enforcement sting operations to monitor tobacco sales to minors                  | 0                                  | 0                               |
| Youth Involvement in Anti-tobacco Advocacy   | 200                                | 77                              |
| Media Literacy and Youth Media Production to Counter the Influence of the Tobacco Industry | 0                                  | 0                               |
| Tobacco use prevention Peer Educator   | 0                                  | 0                               |
| Tobacco use prevention focused Service-Learning Projects                                   | 0                                  | 0                               |

15. If a TUPE Specific Youth Development activity not listed in the table above was offered, please specify the name of the activity along with the number of projected and participating students.

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none

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16. Comments pertaining to question 14 are located in the appendix. (Optional)

17. How many students from the following priority populations participated in one or more of the youth development strategies listed below during?

|  | Youth Involvement in Stop Tobacco Access to Kids Enforcement (STAKE) Act | Other law enforcement sting operations to monitor tobacco sales to minors | Youth Involvement in Anti- Tobacco Advocacy | Media Literacy and Youth Media Production to Counter the Influence of the Tobacco Industry | Tobacco use prevention Peer Educator | Tobacco use prevention focused Service-Learning Projects |
|--|--|---|---|--|--------------------------------------|--|
| American Indian or Alaska Native                     | 0  | 0   | 1   | 0  | 0                                    | 0  |
| Asian  | 0  | 0   | 10  | 0  | 0                                    | 0  |
| Pacific Islander                                     | 0  | 0   | 1   | 0  | 0                                    | 0  |
| Hispanic/Latino                                      | 0  | 0   | 15  | 0  | 0                                    | 0  |
| African American                                     | 0  | 0   | 8   | 0  | 0                                    | 0  |
| Lesbian, Gay, Bisexual, Transgendered, & Questioning | 0  | 0   |   | 0  | 0                                    | 0  |
| Low Socio Economic Status                            | 0  | 0   | 34  | 0  | 0                                    | 0  |

18. Comments pertaining to question 17 are located in the appendix. (Optional)

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19. Which of the intervention programs listed below were offered? For each program offered provide the number of students, identified and served, under this grant.

| Intervention Programs                           | Number of students identified | Number of students served |
|---|-------------------------------|---------------------------|
| Craving Identification and Management (CIM)     | 0                             | 0                         |
| Intervention with Teen Tobacco Users (TEG)      | 0                             | 0                         |
| Project Life                                    | 0                             | 0                         |
| Smokeless Schooldays: Smokeless Saturday School | 5                             | 46                        |
| Tobacco-Free Generations                        | 0                             | 0                         |

20. If an intervention program not listed in the table above was offered, please specify the name of the program and the number of project and participating students.

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21. Comments pertaining to question 19 are located in the appendix. (Optional)

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22. How many students from the following priority populations participated in one or more of the intervention programs listed below?

|   | Craving<br>Identification<br>and<br>Management<br>(CIM) | Intervention<br>with Teen<br>Tobacco Users<br>(TEG) | Project Life | Smokeless<br>Schooldays<br>Smokeless<br>Saturday School | Tobacco-<br>Free<br>Generations |
|---|---|---|--------------|---|---------------------------------|
| American Indian or<br>Alaska Native                           | 0   | 0   | 0            | 0   | 0                               |
| Asian   | 0   | 0   | 0            | 2   | 0                               |
| Pacific<br>Islander   | 0   | 0   | 0            | 1   | 0                               |
| Hispanic/<br>Latino   | 0   | 0   | 0            | 10  | 0                               |
| African<br>American   | 0   | 0   | 0            | 10  | 0                               |
| Lesbian, Gay,<br>Bisexual,<br>Transgendered, &<br>Questioning | 0   | 0   | 0            | 0   | 0                               |
| Low Socio<br>Economic<br>Status                               | 0   | 0   | 0            | 25  | 0                               |

23. Comments pertaining to question 22 are located in the appendix. (Optional)



## 2012/13 Tobacco-Use Prevention Education (T.U.P.E.) Competitive Grant Annual Report

24. Which of the cessation services listed below were offered during the 2012/13 school year? For each program offered provide the number of students identified and served

| Cessation Programs  | Number of students identified | Number of students served |
|---|-------------------------------|---------------------------|
| Adolescent Smoking Cessation-Escaping Nicotine and Tobacco (ASCENT) | 0                             | 0                         |
| Enough Snuff: A Guide for Quitting Smokeless Tobacco                | 0                             | 0                         |
| Helping Teens Stop Using Tobacco (TAP)                              | 0                             | 0                         |
| California Smoker's Helpline  | 46                            | 46                        |
| Project EX: Teen Tobacco Use Cessation Program                      | 0                             | 0                         |
| Project N-O-T (Not on Tobacco)                                      | 0                             | 0                         |

25. If a cessation program not listed in the table above was offered, please specify the name of the program along with the number of students identified to be served and the number of students served in the space below. *(Please do not use acronyms)*

FCUSD Smokeless School Days Facilitators also use NREP practice, Motivational Interviewing, as a follow-up to support youth in reducing ambivalence in order to become tobacco free. Motivational Interviewing was a consistent part of follow up sessions provided to all Smokeless School Day attendees (46)

26. Comments pertaining to question 24 are located in the appendix. (Optional)

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27. How many students from the following priority populations participated in one or more of the cessation services listed below?

|  | Adolescent Smoking Cessation-Escaping Nicotine and Tobacco (ASCENT) | Enough Snuff: A Guide for Quitting Smokeless Tobacco | Helping Teens Stop Using Tobacco (TAP) | California Smoker's Helpline | Project EX: Teen Tobacco Use Cessation Program | Project N-O-T (Not on Tobacco) |
|--|---|--|--|------------------------------|--|--------------------------------|
| American Indian or Alaska Native                     | 0   | 0  | 0                                      | 0                            | 0  | 0                              |
| Asian  | 0   | 0  | 0                                      | 2                            | 0  | 0                              |
| Pacific Islander                                     | 0   | 0  | 0                                      | 1                            | 0  | 0                              |
| Hispanic/Latino                                      | 0   | 0  | 0                                      | 10                           | 0  | 0                              |
| African American                                     | 0   | 0  | 0                                      | 10                           | 0  | 0                              |
| Lesbian, Gay, Bisexual, Transgendered, & Questioning | 0   | 0  | 0                                      |                              | 0  | 0                              |
| Low Socio Economic Status                            | 0   | 0  | 0                                      | 25                           | 0  | 0                              |

28. Comments pertaining to question 27 are located in the appendix. (Optional)

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29. How many parenting and/or pregnant minors were identified and served?

| Category  | Number of students |
|---|--------------------|
| Number of parenting and/or pregnant minors identified                     | 25                 |
| Number of parenting and/or pregnant minors served                         | 11                 |
| Number of parenting and/or pregnant minors in school based programs       | 25                 |
| Number of parenting and/or pregnant minors referred to community programs | 0                  |

30. Comments pertaining to question 29 are located in the appendix. (Optional)

31. How many classified and/or certificated staff were trained in the areas listed below?

| Training Type                                   | Classified | Certificated |
|---|------------|--------------|
| Trained to deliver program curriculum           | 0          | 41           |
| Trained to deliver youth development strategies | 0          | 6            |
| Trained to deliver intervention strategies      | 0          | 7            |
| Trained to deliver cessation strategies         | 0          | 7            |
| General TUPE information                        | 0          | 54           |

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32. If staff were trained in areas not listed in the table above please specify the type of training and how many classified and/or certificated staff were trained in the box below.

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none

33. Comments pertaining to question 31 are located in the appendix. (Optional)

34. How many parents received general TUPE information during the 2012/13 school year under this grant?

|     |
|-----|
| 650 |
|-----|

35. If parents received training other than general TUPE information, please specify in the space below the type of trainings or information they received and the number of parents participating in each activity.
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36. Comments pertaining to questions 34 are located in the appendix. (Optional)

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37. Were the activities listed in the table below offered in collaboration or coordination with LEAs, community agencies or other organizations?

| Activity Type                                     | Local Education Agency | Local public health agency | Local governmental agency | Local non-governmental organization |
|---|------------------------|----------------------------|---------------------------|-------------------------------------|
| Curriculum Implementation                         | Yes                    | No                         | No                        | Yes                                 |
| Youth Development activities                      | Yes                    | Yes                        | No                        | Yes                                 |
| Cessation activities                              | No                     | Yes                        | Yes                       | Yes                                 |
| Intervention activities                           | Yes                    | No                         | No                        | Yes                                 |
| Local tobacco control coalition planning meetings | Yes                    | Yes                        | Yes                       | Yes                                 |

38. If an activity other than those listed in the table above was offered, please specify the type of activity and if the activity was in collaboration with an LEA, community agency, local coalitions, or another agency.

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none

39. Comments pertaining to question 37 are located in the appendix. (Optional)

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Comments regarding question 2:

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none

Comments regarding question 4:

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none

Comments regarding question 6:

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none

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Comments regarding question 9:

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none

Comments regarding question 14:

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\*\* On an annual basis, FCUSD promotes participation in Tobacco Retail Licensing/youth purchase survey-Sacramento county based survey (coordination by Lea Huffman). Huffman recruited youth participants from one school site/district rather than multiples districts this year; thus, no FCUSD students participated this calendar year. \*\* Comment 2 –regarding youth involvement in anti tobacco advocacy: FCUSD utilizes Friday Night Live & Club Live for a variety of tobacco advocacy strategies. Participating students is lower than projected number of students since FCUSD has only tracked the # of club leaders and not the chapter members (whose attendance may vary throughout the year as compared to leaders who tend to be more consistent – attend weekly meetings throughout the school year)

Comments regarding question 17:

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The District does not collect data on LGBTQ youth, so there is no way to know what portion of FCUSD students identify as LGBTQ.

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Comments regarding question 19:

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5 students identified represent number of youth offered the opportunity to participate in Smokeless Schools Days as an alternative to suspension (they were found in violation of our policy). (The number of students served is actually greater since FCUSD did voluntary participation in the Smokeless School Days curriculum as a proactive readiness for cessation strategy. Thus a number of students elected to participate in the workshops as a result of outreach extended by school staff (teachers, principal, Smokeless School Days Site Facilitator (s))

Comments regarding question 22:

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The District does not collect data on LGBTQ youth, so there is no way to know what portion of FCUSD students identify as LGBTQ.

Comments regarding question 24:

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none



# 2012/13 Tobacco-Use Prevention Education (T.U.P.E.) Competitive Grant Annual Report

Comments regarding question 27:

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The District does not collect data on LGBTQ youth, so there is no way to know what portion of FCUSD students identify as LGBTQ

Comments regarding question 29:

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none

Comments regarding question 31:

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Staff expressed an interest and appreciation for TUPE training related to emerging tobacco products, e-cigs/vaporizers, social marketing by tobacco industry and motivational interviewing for cessation support

# 2012/13 Tobacco-Use Prevention Education (T.U.P.E.) Competitive Grant Annual Report

Comments regarding question 34:

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Rancho Cordova Kids Day – Health Fair– Club Live students led Tobacco Fact Trivia Game at community event and handed out informational pamphlets/referrals for cessation/and smoke free kid stickers

Comments regarding question 37:

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none